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Sports First Aid Exam| 2023/ 2024 |100% Correct| Questions and Verified Answers

QUESTION
A tennis player with tennis elbow can return to play if she has only slight elbow pain

Answer:
false

QUESTION
An athlete who has tennis elbow will have pain when trying to lift objects with the palm up

Answer:
false

QUESTION
A sprinter lunges for the first line, falls on her hands and knees, and gets up holding her forearm. She complains of pain in her wrist, which is swollen. You should

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Answer:
splint the forearm and hand without repositioning them and apply a sling if tolerated

QUESTION
After a previously dislocated finger has healed, it may still need protective taping

Answer:
true

QUESTION

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A soccer player collides side to side with an opponent and is complaining of pain in the front of her shoulder. You see a bump on her collarbone very close to her shoulder. Which of the following conditions is she most likely to have?

Answer:
AC joint sprain

QUESTION
A pectoral muscle strain could be caused by

Answer:
using incorrect weightlifting technique, swinging a racket with arm only, and throwing sidearm

QUESTION
An angry football player smacker a locker after his team loses a game. His hand is tender below his little finger and is swelling. First, you should

Answer:
immobilize the wrist, finger, and hand

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QUESTION
You suspect that a wrestler has a grade II SC joint sprain. He is breathing normally, yet the clavicle is displaced backward. First, you should

Answer:
send for emergency medical assistance

QUESTION
A tennis player complains of dry mouth and excessive thirst and begins to vomit. You detect that her breath smells sweet and fruity. She is likely to be experiencing which

Answer:

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ketoacidosis

QUESTION
What sign of early stage ketoacidosis can increase an athletes risk of suffering from a heat illness?

Answer:
excessive urination

QUESTION
Typically, athletes who abuse GHB would seem hyperactive, full of nervous energy and more alert

Answer:
false

QUESTION
You might suspect that one of your athletes is taking steroids if he

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Answer:
complains of aching joints and is losing hair

QUESTION
An athlete who you know has epilepsy has a seizure that lasts a few seconds. After the seizure stops, she appears confused, but has no other signs of illness or injury. Which of the following is required first aid care for her current condition?

Answer:
inform her parents or guardians

QUESTION

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